

Dr. Eshleman Latimer, MD



## **Good Faith Estimate of Services and Practice Policies**

### **Initial Psychiatric Appointment:**

These appointments cost 325\$ and are scheduled for 90 minutes long. Having an initial appointment does not guarantee that we will work together. If after the initial appointment or at any point in treatment, we find that I cannot meet your needs adequately, I may refer you to another treatment setting that can better meet your needs.

### **Comprehensive Follow-up Appointments:**

These appointments cost 225\$ and are scheduled for 60 minutes. During these appointments, we discuss your current symptoms and how recommendations have been working for you. My treatment approach combines medication management if needed, lifestyle recommendations, and insight-oriented psychotherapy. If you would like me to be your primary psychotherapist and you don't have another therapist you are working with, I recommend scheduling comprehensive follow-up appointments either once per week or every other week. If you already have a therapist or are seeking another primary therapist, I recommend scheduling these appointments once per month.

### **Brief Follow-up Appointments:**

These appointments cost 150\$ and are scheduled for 30 minutes. These appointments are intended for patients who are stable and are seeking primarily lifestyle recommendations and/or medication management. The frequency of these appointments are usually between once a month to once every 6 months.

Please reschedule any appointment at least 24 hours in advance. For any late cancels or no-shows, you are responsible for the full cost of the appointment fee.

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